



2019 Arena Grand Challenge

July 5-8, 2019

Held under the sanction of USA Swimming and Central California Swimming Sanction #

Time Trial Sanction #

Schedule:	Friday, July 5	Saturday, July 6 – Monday, July 8	
	Session 1	Preliminary Sessions 2, 4, & 6	Finals Sessions 3, 5, & 7
	Warm-up: 3:30pm	Warm Up: 7:30am	Warm Up: TBD
	Meet Starts 5:00pm	Meet Starts: 9:00am	Meet Starts: TBD

Facility: **CLOVIS NORTH AQUATICS COMPLEX (CLOVIS NORTH HIGH SCHOOL)** 2770 E International Ave. Fresno, CA 93730. Two 50 M x 25 Y outdoor pools. The main competition pool has a uniform depth of 7 ft with one 8 lane course available. The adjacent multi-purpose pool has an 8 lane 50 M course available for continuous warm up/warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Use of audio or visual recordings devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. For Athlete Protection, Central California Swimming prohibits the use of photography and audio or visual recording devices, including a cell phone, behind the starting blocks during the starting sequence throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Directions: From the North: *From Highway 99 exit onto Herndon Avenue. Go east on Herndon to Willow, north on Willow to the corner of Willow & International. Continue on Willow to the north end of the campus and turn left at the tennis courts. Drop off at the pool entrance and continue to Chestnut (left) and left into the parking lot.*

From the South: From Highway 99, go north on Highway 41. Exit from Highway 41 onto Herndon Avenue. Go east on Herndon to Willow, north on Willow to the corner of Willow & International. Continue on Willow to the north end of the campus and turn left at the tennis courts. Drop off at the pool entrance and continue to Chestnut (left) and left into the parking lot.

Check-In: Swimmers are considered checked-in, unless scratched; except that swimmers must positively check-in for the 800 and 1500 Freestyles. Those swimmers competing in the 800 Freestyle must check in by 4:00 p.m. on Friday. The 1500 Free check-in will close one-half hour after the start of finals on Sunday.

Meet Format: This is a preliminary and final meet format. Swimmers will be seeded according to their submitted times, fastest to slowest. The fastest three heats of 50, 100, and 200 meter events will be circle seeded. The fastest two heats of 400 meter events will be circle seeded. The 800/1500 M Free will be seeded fastest to slowest alternating women and men. Entry times will not be updated after entries are received.

A scratch box will be used and located at the Clerk of Course. Scratches prior to the seeding of heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box at the Clerk of Course. Scratch deadline for Friday's events will be 1 hour prior to scheduled start of the first event. Scratch deadline for the remaining days will be 30 minutes after the start time for finals of the previous day. After the heats have been seeded in all events where preliminary heats are swum, any swimmer who fails to compete in an individual heat in which they are entered and has not properly scratched, will be barred from their next individual event and must positive check in for subsequent days. Finals will begin no sooner than 1-1/2 hours after finish of preliminaries. Time will be determined by the Meet Referee. A negative check in system will be used for finals. Swimmers have 30 minutes after announcement of preliminary results of their event in which to scratch or declare their intent to scratch. **Swimmers will be seeded in the finals unless scratched and be subject to the penalties.** Any swimmer seeded in a championship, consolation or bonus final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, unless the swimmer has properly scratched according to the meet rules.



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We will be requiring a positive check in for the top 40 swimmers in each event on Monday, July 8. Swimmers that place in the top 40 of their events will be required to check in with the clerk of course within 30 minutes of the preliminary event results being announced. Swimmers that fail to check in before the deadline will not be seeded into finals for the event in which they fail to check in.

There will be a Championship Final and a Consolation Final in each event unless noted below. The number of bonus finals will be determined at the Saturday morning coaches meeting. **The 800 Free, 1500 Free and all relay events will be swum as timed finals. All heats of the 800 Free and 1500 Free will be run fastest to slowest at the end of preliminaries, alternating women and men and may be combined.**

Warm-Up: The pool will be open each day at 7:30 a.m. From 7:30 - 8:10 a.m. all lanes will be open for general warm-up. From 8:10 - 8:50 a.m. lanes 1 and 8 will be open for push-pace work. **NO DIVING.** Lanes 2 and 7 will be open for one-way sprints from the blocks under coach's supervision. Practice starts only from sprint lanes. Lanes 3, 4, 5 & 6 will be open for general warm-up. The Meet Referee in the interest of the swimmer may make changes at any time. The pool will be available from 5:00 p.m. to 8:00 p.m. for warm-up on Thursday, July 5, 2019. **All swimmers will enter the pool feet first with a three point entry during warm-up and warm-down.**

Rules: 2019 USA Swimming/CCS rules will apply. CCS warm-up rules will apply and will be posted at the meet site and in the meet program. All swimmers must be 2019 registered members of USA Swimming. Deck Pass is acceptable proof of USA Swimming Membership. If you do not have a USA Swimming registered coach at the meet, report to the deck referee for lane and coach assignment. Proof that all coach and official membership requirements are met, as of the dates of competition, shall be presented upon request by the Meet Referee. Proof may be in the form of a coach or official membership card or through Deck Pass.

Swimmers in 800-meter and 1500 meter freestyle events must provide their own timer and lap counter. A lap counting device will be provided. All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Deck Referee for lane and coach assignment. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility: Open to all 2019 USA Swimming registered swimmers. ***This is a proof of time meet.*** The date and location of each entry time achieved by a swimmer shall be proven to the referee upon request. Submitted entry times must be equal to or better than the listed time standards.

Entries: ***Swimmers may enter as many events as they wish, but may only compete in a total of 3 individual events per day including Time Trials. (USAS 102.2.6). Long course meter qualifying times will be seeded first, next short course yard qualifying times. Converted times will not be accepted.*** **Entries must be received by Friday, June 28, 2019.** Email entry (entry .zip file) must be accompanied by a PDF team entry report. Full payment (single team check) for a team entry must be postmarked within 48 hours of the email entry, or permission must be obtained on advance to allow payment to be given to the Clerk of Course before the start of the first event. Entry updates (added events) will be processed when received by the entry deadline. Make checks payable to **CLOVIS SWIM CLUB**. ***Deck entries are prohibited.*** **E-mail to:** cscmeetentries@yahoo.com

Mail Fees to: Clovis Swim Club
1690 David E Cook Way



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Clovis, CA 93611-0573



- Entry Card:** One CCS consolidated entry card (attached to the meet information) per swimmer may be submitted to enter this meet. Card must be filled out completely including entire USA Swimming number. To avoid concern regarding receipt of entry card, enclose a stamped, self-addressed envelope or postcard. Receipt of entries will not be verified by phone or e-mail. DO NOT use certified, registered or special delivery mail services.
- Bonus Events:** Swimmers with at least one (1) qualifying time may enter up to (2) bonus events. Bonus entries must be indicated as yards bonus (YB) or long course meters bonus (LB). Bonus entries are not permitted in the 400 Free, 400 IM, 800 Free, or 1500 Free.
- Entry Fees:** Entry fees are \$7.00 per individual event, \$12.00 per relay and an \$8.50 surcharge per swimmer. Relay only swimmers must be listed on an individual entry and must pay the \$8.50 surcharge by the meet entry deadline. ***Please make all checks payable to Clovis Swim Club. No Refunds***
- USAS Registration:** On-deck USA Swimming membership registration will be allowed with a \$20 fee payable by the home club.
- Relays:** Relays will be deck entered. Relay only swimmers must be entered in the meet by the entry due date. All relays will be swum in finals on Saturday and Sunday. Relay cards will be due as determined by the Meet Referee on the day of the event. Relay cards for Monday's relays will be due by the conclusion of finals on Sunday. Teams will have an option to declare A.M. or P.M. for Monday's relays. Monday A.M. Relays will be swum before the 1500 Free. Heats of relays will be conducted fast to slow alternating women and men.
- Time Trials:** Time trials will be held daily at a cost of \$10.00 for each swim, the time to be determined by the Meet Referee. Time trials will be run according to the procedures followed at National Championship Meets. Swimmers must provide their own timers and, when appropriate, lap counters. Lap counting devices will be provided. Time trials are available only for swimmers entered in the meet. The total number of individual events (regular, and time trial) cannot exceed three for any day.
- Awards:** Team awards for first through third places and overall high point male and female.
- Scoring:** Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2
(Teams may have only two scoring relays).
- Officials:** Meet Referee: Jim Patterson - jasdpatterson@comcast.net
Administrative Referee: Elva Hernandez - hernandez234el@yahoo.com
Meet Director: Doug Lambert - doug_lambert@sbcglobal.net

All Certified officials with current USA Swimming registration from any LSC are welcome to work this meet. Trials and Finals dress for this meet will be white polo shirts and khaki shorts/pants/skirts.

It is understood and agreed that USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



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Order of Events and Time Standards

Friday, July 5, 2019

Women

Men

Event #	Yards	Meters	Event	Meters	Yards	Event #
1	12:01.69	10:47.99	800 M. Freestyle	10:22.19	11:26.69	2

Saturday, July 6, 2019

Event #	Yards	Meters	Event	Meters	Yards	Event #
3	2:13.89	2:31.89	200 M. Freestyle	2:22.19	2:03.49	4
5	1:17.69	1:29.09	100 M. Breaststroke	1:21.39	1:10.79	6
7	1:07.89	1:16.59	100 M. Butterfly	1:09.89	1:01.49	8
9	5:13.59	5:57.79	400 M. Ind. Medley	5:36.59	4:52.99	10
11	NTS	NTS	800 M. Free Relay	NTS	NTS	12

Sunday, July 7, 2019

Event #	Yards	Meters	Event	Meters	Yards	Event #
13	2:30.59	2:51.59	200 M. Ind. Medley	2:39.19	2:17.79	14
15	28.69	32.49	50 M. Freestyle	29.09	25.89	16
17	2:46.89	3:12.09	200 M. Breaststroke	2:57.09	2:34.29	18
19	1:08.09	1:17.89	100 M. Backstroke	1:12.59	1:02.29	20
21	5:50.89	5:14.69	400 M. Freestyle	4:59.19	5:31.39	22
23	NTS	NTS	400 M. Med. Relay	NTS	NTS	24

Monday, July 8, 2019

Event #	Yards	Meters	Event	Meters	Yards	Event #
25	2:27.09	2:47.49	200 M. Backstroke	2:35.19	2:15.29	26
27	1:02.29	1:10.49	100 M. Freestyle	1:04.79	56.49	28
29	2:28.69	2:48.39	200 M. Butterfly	2:35.29	2:16.89	30
31	20:02.99	20:39.79	1500 M. Freestyle	19:55.59	19:07.59	32
33	NTS	NTS	400 M. Free Relay	NTS	NTS	34



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