

TRAVEL ITINERARY

MEET: LA Invite

DATE: July 14-17

LOCATION: USC corner of Vermont and Jefferson

ESTIMATED DEPARTURE DATE AND TIME FROM Fresno & Visalia : Thursday July 14 @ 9 AM (Fresno) & 10 AM (Visalia)

MINIMUM COST PER SWIMMER: \$323 = \$153 (room) + \$170 (meals) (check made out to Tule Nation Tritons)

ACTUAL PER/SWIMMER COST: \$323

If travel expenses constitute a financial hardship to a family, please pay the minimum cost. If this minimum might still prohibit an athlete from participating, please contact Phil. We would like to support our athletes and ensure that all of our swimmers have an equal opportunity in participating despite any factors that might be out of their direct control.

TENTATIVE MEALS

	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	N/A	N/A	Grinder 525 W 28th St, Los Angeles, CA 90007 (213) 747-0782	Grinder 525 W 28th St, Los Angeles, CA 90007 (213) 747-0782	Grinder 525 W 28th St, Los Angeles, CA 90007 (213) 747-0782
LUNCH	N/A	Panda Express 5810 Dennis McCarthy Dr Lebec, CA 93243 (661) 858-2380	Quiznos 3738 S Figueroa St, Los Angeles, CA 90007 (213) 749-1882 (or on campus)	Panda Express 2828 S Figueroa St, Los Angeles, CA 90007 (213) 746-0392 (or on campus)	Freebirds World Burrito 3335 S Figueroa St, Los Angeles, CA 90007 (213) 746-1212
DINNER	N/A	HomeTown Buffet 8629 S Sepulveda Blvd, Westchester, CA 90045 (310) 216-9208	California Pizza Kitchen 13345 Fiji Way, Marina del Rey, CA 90292 (310) 301-1563	TGI Fridays 6721 La Tijera Blvd, Los Angeles, CA 90045 (310) 337-1143	Claim Jumper 25740 The Old Road, Valencia (661)254-2628

Gary Ota (559) 289-7103

Jason Ricablanca (559) 553-5488

Coaches Contact Information: Joclyn Thiessen (559) 936-7468

Phil Black (559) 901-7993

HOTEL INFORMATION:

USC Dorms next to the pool

ADDITIONAL NOTES:

Room 1: Janessa Bringe & Mackenzie Garza
Room 2: Morgan Coddington & Khloe McCarthy
Room 3: Danielle Albright & Katherine Mendyk
Room 4: Lauren Geiger & Megan Ridneour
Room 5: Sierra Jett & Ashley Olson
Room 6: Mallory Korenwinder
Room 7: Preston Niayesh & Alonso Escobedo
Room 8: JD Koster & Blake Wong
Room 9: Satoshi Shinkawa & Jonas Huckabay

Coach: Gary Ota, Jason Ricablanca, Joclyn Thiessen & Phil Black

Supplemental notes on our team travel to LA Invitational – University of Southern California

Departure time: 9:00 AM – Fresno 10:00 AM - Visalia Thursday, July 14 th , 2016 Departure Locations: Fresno - TBD Visalia – Westin Tulare – Big Kahuna	Pool Location: USC corner of Vermont and Jefferson Hotel Location: On campus dorms next to the pool
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As our swimmers begin to enter the senior level of competition, our intent is to expose our members to experiences that they will more than likely be subject to at the collegiate level. This transition includes developing a level of independence and responsibility that is not as common at the age group level. Parents are asked to help in this development by encouraging this independence in minimizing contact with swimmers during the swim meet. Swimmers are encouraged to travel with the team without their parents(s), and parent(s) are asked to not sit in the swimmer area during the swim meet. Each swimmer is expected to review, sign, and adhere to the Tule Nation Triton Travel Policy and Code of Conduct, as well as information presented in documents associated with the travel, including this page.

Notes and Tentative Plans:

- The van will depart from:
 - Fresno at 9:00 AM.
 - A second van will depart from the Westin of Visalia at 10:00 AM,
 - A final pick-up will be at 10:20 in the parking lot of Big Kahuna Frozen Yogurt located at 1297 N Cherry Street in Tulare
- A brief 30-minute lunch stop will be scheduled in Lebec.
- We will travel straight to the pool for those entered into the 800 freestyle on that day. The meet starts at 4:00 PM
- The total travel cost is \$323 which includes the room (@\$153), and meals (@\$170). The travel cost is not modified for individual deviations from the travel itinerary.
- Travel plans are tentative (including meals), and may change based on need.
- All swimmers are expected to support the team at finals.
- Families who are planning on attending the meet are informed that there is a \$3 spectator fee for prelims, and an \$8 spectator fee for finals. A day pass can be purchased for \$10. There is also a fee required for parking on campus.
- We will determine relay participation once at the meet. These were not pre-entered.
- Chairs are not needed at this meet since stadium seating is available for swimmers and spectators.
- Time Trials are sanctioned for this meet. Swimmers who do not have an individual event on any day are expected to enter time trials. Time trials are deck-entered, and swimmers must pay the entry fee (\$15) on the day of the event. Swimmers are encouraged to enter time trials as early as possible, in case of limitations set on participation by the meet host. Time trials for distance events are offered on Friday only. We will not participate in time trials following finals on Sunday.
- Swimmer Room Assignments:

Room 1: Janessa Bringe & Mackenzie Garza Room 2: Morgan Coddington & Khloe McCarthy Room 3: Danielle Albright & Katherine Mendyk Room 4: Lauren Geiger & Megan Ridneour Room 5: Sierra Jett & Ashley Olson Room 6: Mallory Korenwinder	Room 7: Preston Niayesh & Alonso Escobedo Room 8: JD Koster & Blake Wong Room 9: Satoshi Shinkawa & Jonas Huckabay
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- The team Travel Policy and Code of Conduct document must be reviewed, signed, and returned prior to departure for all athletes who have not previously submitted the signed document. Swimmers may bring the signed form with them.
- Attending coaches include: Gary Ota, Jason Ricablanca, Joclyn Thiessen & Phil Black